

# 2026 Evaluation Report

## Trauma-Informed Programs & Practices for Schools Series

During this series, Angela Blood Starr—TIPPS Team Member - Educational Consultant & Content Expert—trained 71 school professionals in a Training of Trainers (TOT) on the 10 core pillars of the TIPPS framework. Training consisted of two online 3-hour sessions over consecutive Tuesdays in Feb. 2026. Sessions emphasized translating TIPPS concepts for system change to local schools. Participants included school-based roles such as social workers, mental health specialists, and administrators.

### Learning Objectives

1. Deepen participants' understanding of adversity, trauma, and resilience.
2. Familiarize participants with tools & resources to select, implement, and sustain trauma-informed practices.
3. Introduce a trauma-informed approach for schools at a systems level.
4. Empower participants to make trauma-informed decisions in the classroom.

### Evaluation of the Training

To assess the efficacy of our training, we used:

1. A survey to gather participants' confidence rating in their ability to implement the constructs introduced in the 10 TIPPS pillars before and after the training (1=not at all to 10=very confident).
2. Participants' reflections throughout the training.

## Training Timeline

### Session 1

Feb. 17th

- Overview of trauma/resilience
- Introduction to TIPPS
- Exploration of Pillars 1-2

### Session 2

Feb. 24th

- Review of session 1 material
- Exploration of Pillars 3-10
- Implementation plan



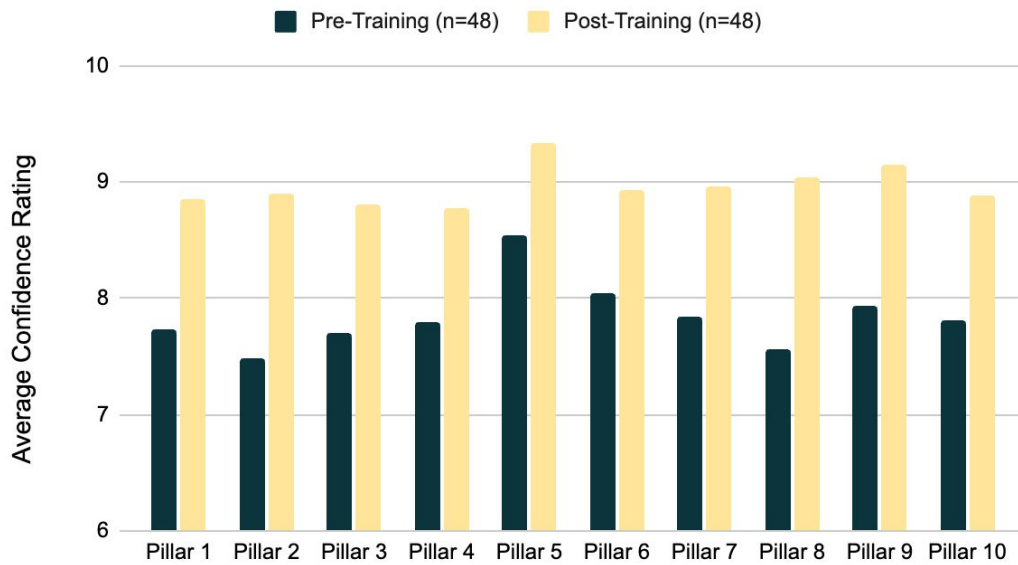
SCHOOL OF SOCIAL WORK  
TRAUMA-INFORMED PROGRAMS  
AND PRACTICES FOR SCHOOLS  
UNIVERSITY OF MICHIGAN

Learn more about TIPPS &  
our 10 Core Pillars at

[tipps.ssw.umich.edu](https://tipps.ssw.umich.edu)

# Pre- and Post- Training Evaluation

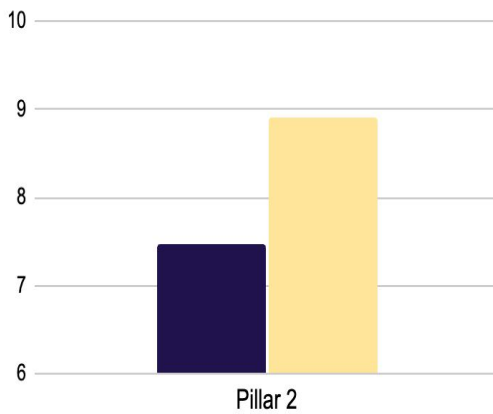
Confidence Level of Implementing the TIPPS Pillars (Pre- vs. Post-Training)



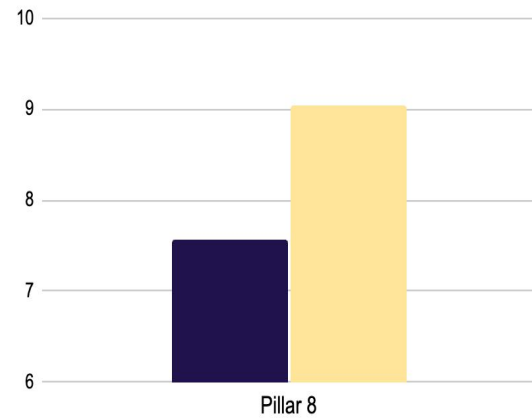
As shown in Figure 1, participants reported increased confidence in their abilities to apply each of the 10 core pillars in their school settings. This graph reflects the number of participants who attended both sessions (n=48). The largest changes were seen for Pillar 2 and Pillar 8.



**Pillar 2:** I can recognize the behavioral signs and symptoms of trauma in students



**Pillar 8:** I can differentiate deficit and strength-based thinking.



## From the Program Participants

### What was your favorite part of the session?

"Angela is a fantastic trainer, I appreciated her energy and expertise."

"[My favorite part was] the practical tips that I can bring back into my schools."

"I loved everything, truly! One of my favorite parts of the training was all of the resources that was provided!"

### Participant Testimonial

"The Trauma-Informed Programs and Practices in Schools (TIPPS) training is a powerful opportunity to deepen your understanding of how trauma impacts students' behavior, learning, and relationships and how schools can respond in ways that are healing rather than punitive. This training goes beyond theory. It provides practical, evidence-informed strategies that help educators and school-based professionals shift from asking 'What's wrong with this student?' to 'What has this student experienced, and how can we support them?'"