

# 2025 Evaluation Report

## Trauma-Informed Programs & Practices for Schools Series

During this series, Angela Blood Starr—TIPPS Team Member - Educational Consultant & Content Expert—trained 94 school professionals in a Training of Trainers (TOT) on the 10 core pillars of the TIPPS framework. Training consisted of two online 3-hour sessions over consecutive Thursdays in Dec. 2025. Sessions emphasized translating

TIPPS concepts for system change to local schools. Participants included school-based roles such as social workers, mental health specialists, and administrators.

### Learning Objectives

1. Deepen participants' understanding of adversity, trauma, and resilience.
2. Familiarize participants with tools & resources to select, implement, and sustain trauma-informed practices.
3. Introduce a trauma-informed approach for schools at a systems level.
4. Empower participants to make trauma-informed decisions in the classroom.

### Evaluation of the Training

To assess the efficacy of our training, we used:

1. A survey to gather participants' confidence rating in their ability to implement the constructs introduced in the 10 TIPPS pillars before and after the training (1=not at all to 10=very confident).
2. Participants' reflections throughout the training.

## Training Timeline

### Session 1

Dec. 4th

### Session 2

Dec. 11th

- Overview of trauma/resilience
- Introduction to TIPPS
- Exploration of Pillars 1-2

- Review of session 1 material
- Exploration of Pillars 3-10
- Implementation plan

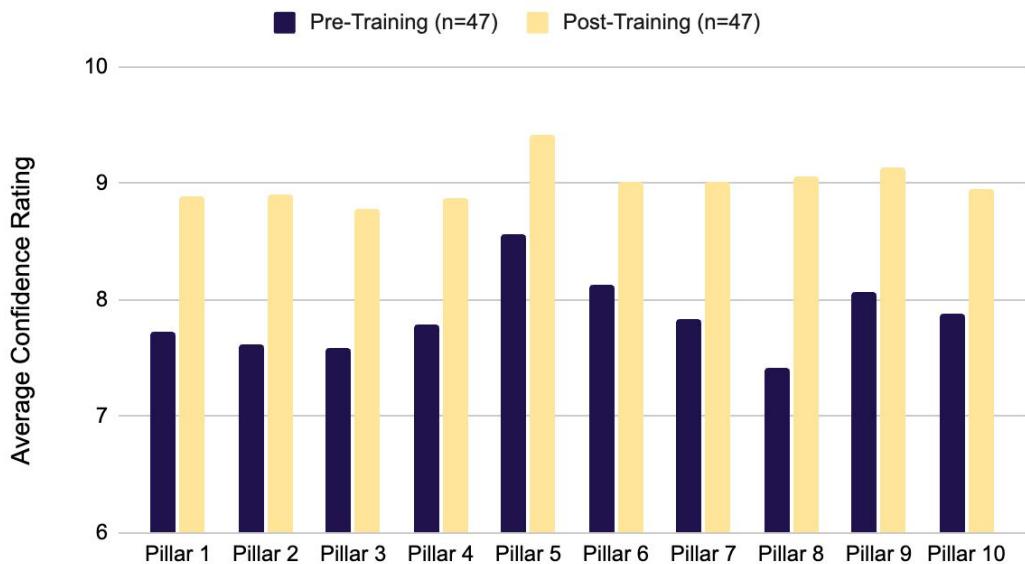


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# Pre- and Post- Training Evaluation

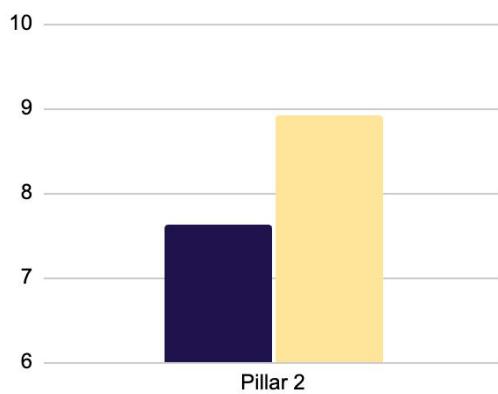
Confidence Level of Implementing the TIPPS Pillars (Pre- vs. Post-Training)



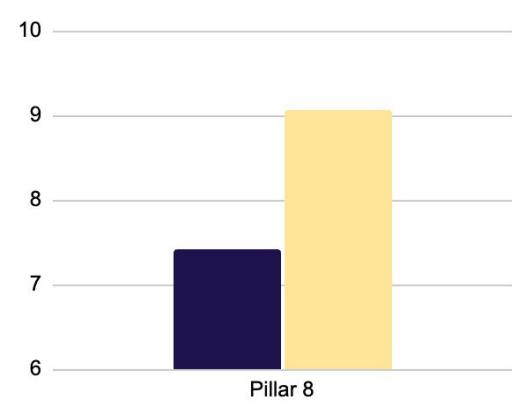
As shown in Figure 1, participants reported increased confidence in their abilities to apply each of the 10 core pillars in their school settings. This graph reflects the number of participants who attended both sessions (n=47). The largest changes were seen for Pillar 2 and Pillar 8.



**Pillar 2:** I can recognize the behavioral signs and symptoms of trauma in students



**Pillar 8:** I can differentiate deficit and strength-based thinking.



## From the Program Participants

### What was your favorite part of the session?

"There were too many parts of this training to select a favorite. The entire presentation is packed with tools and reminders of how to care for students (especially trauma impacted) in our school. The most valuable piece of information is to be available and continue working on our connectedness with students to ensure a sense of safety and belonging."

### Participant Testimonial

"Attending the TIPPS training significantly changed my perspective on student behavior, emphasizing the impact of trauma on learning and interactions. I highly recommend this training to colleagues, as it provides essential insights and practical strategies for supporting traumatized students. The training was enlightening and empowering, leaving me inspired to implement the new strategies to positively impact my students' lives."