

2025 Evaluation Report

Trauma-Informed Programs & Practices for Schools Series

During this series, Angela Blood Starr—TIPPS Team Member - Educational Consultant & Content Expert—trained 32 school professionals in a Training of Trainers (TOT) on the 10 core pillars of the TIPPS framework. Training consisted of two online 3-hour sessions over consecutive Thursdays in Oct. 2025. Sessions emphasized translating TIPPS concepts for system change to local schools. Participants included school-based roles such as social workers, mental health specialists, and administrators.

Learning Objectives

1. Deepen participants' understanding of adversity, trauma, and resilience.
2. Familiarize participants with tools & resources to select, implement, and sustain trauma-informed practices.
3. Introduce a trauma-informed approach for schools at a systems level.
4. Empower participants to make trauma-informed decisions in the classroom.

Evaluation of the Training

To assess the efficacy of our training, we used:

1. A survey to gather participants' confidence rating in their ability to implement the constructs introduced in the 10 TIPPS pillars before and after the training (1=not at all to 10=very confident).
2. Participants' reflections throughout the training.

Training Timeline

Session 1

Oct. 25

- Overview of trauma/resilience
- Introduction to TIPPS
- Exploration of Pillars 1-2

Session 2

Oct. 25

- Review of session 1 material
- Exploration of Pillars 3-10
- Implementation plan



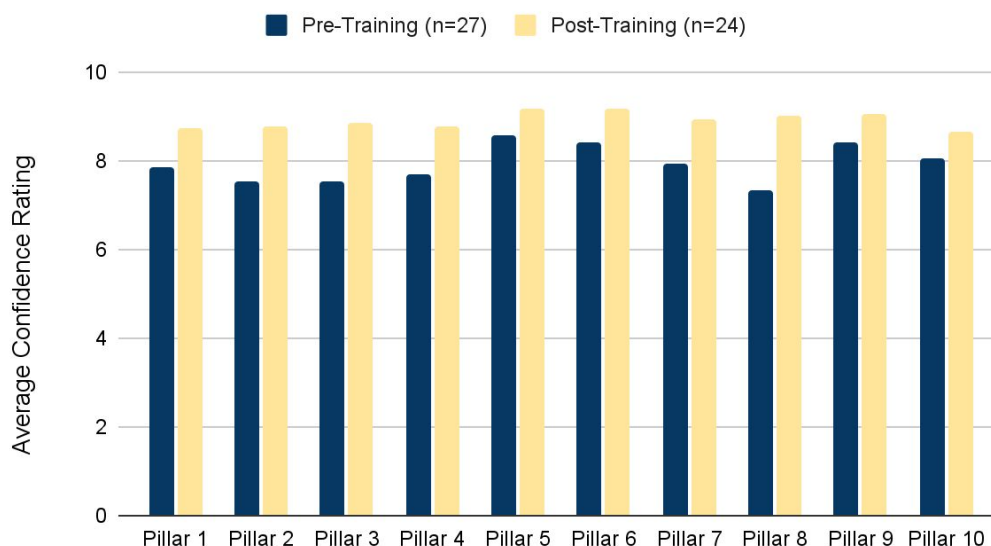
SCHOOL OF SOCIAL WORK
TRAUMA-INFORMED PROGRAMS
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UNIVERSITY OF MICHIGAN

Learn more about TIPPS &
our 10 Core Pillars at

tipps.ssw.umich.edu

Pre- and Post- Training Evaluation

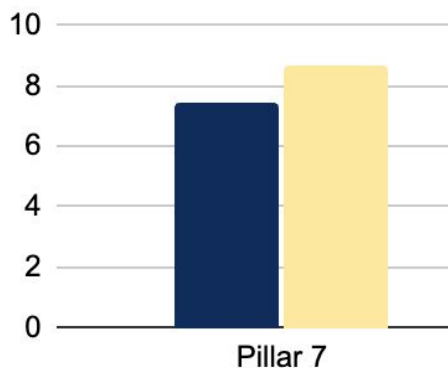
Confidence Level of Implementing the TIPPS Pillars (Pre- vs. Post-Training)



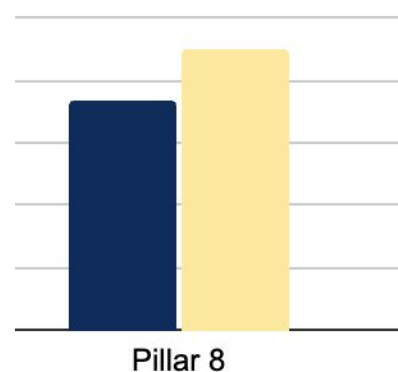
As shown in Figure 1, participants reported increased confidence in their abilities to apply each of the 10 core pillars in their school settings. The largest changes were seen for Pillar 3 and Pillar 8.



Pillar 3: I can identify the harmful effects of bias and stereotypes in the school environment.



Pillar 8: I can differentiate deficit and strength-based thinking.



From the Program Participants

What was your favorite part of the session?

"I enjoyed all of it. I like the break out sessions too because it gives you time with other people to learn what they are doing as well or if they feel the same."

"Angela Blood Starr [the facilitator]. Many times zooms can sound rote, Ms. Starr does not and I really appreciate how knowledgeable and real she is in speaking to her group."

Participant Testimonial

The TIPPS ToT training was phenomenal with so much great information. It provided resources that myself and our team can readily incorporate with ease. Then we look forward to digging deeper with the information and resources provided to incorporate more of the information with some future PD's. I found the resources powerful as I have done a bit of training and work with trauma, but this truly bridges some gaps in how to put the concepts and strategies within teachers reach that makes sense – *School Counselor*