

2025 Evaluation Report

Trauma-Informed Programs & Practices for Schools Series

During this series, Angela Blood Starr, Regional School Health Coordinator for Barry, Branch, Calhoun, Kalamazoo, & St. Joseph Counties, trained 21 school professionals in a Training of Trainers (TOT) on the 10 core pillars of the TIPPS framework. Training consisted of two 2-hour sessions over two consecutive Tuesdays in Feb. 2025. Sessions emphasized translating TIPPS concepts for system change to local schools. Participants included school-based roles such as social workers, mental health specialists, and administrators.

Learning Objectives

1. Deepen participants' understanding of adversity, trauma, and resilience.
2. Familiarize participants with tools & resources to select, implement, and sustain trauma-informed practices.
3. Introduce a trauma-informed approach for schools at a systems level.
4. Empower participants to make trauma-informed decisions in the classroom.

Evaluation of the Training

To assess the efficacy of our training, we used:

1. A survey to gather participants' confidence rating in their ability to implement the constructs introduced in the 10 TIPPS pillars before and after the training (1=not at all to 10=very confident).
2. Participants' reflections throughout the training.

Training Timeline

Session 1

Feb. 25

TIPPS Pillars
#1 - 5

Session 2

Feb. 25

TIPPS Pillars
#6 - 10



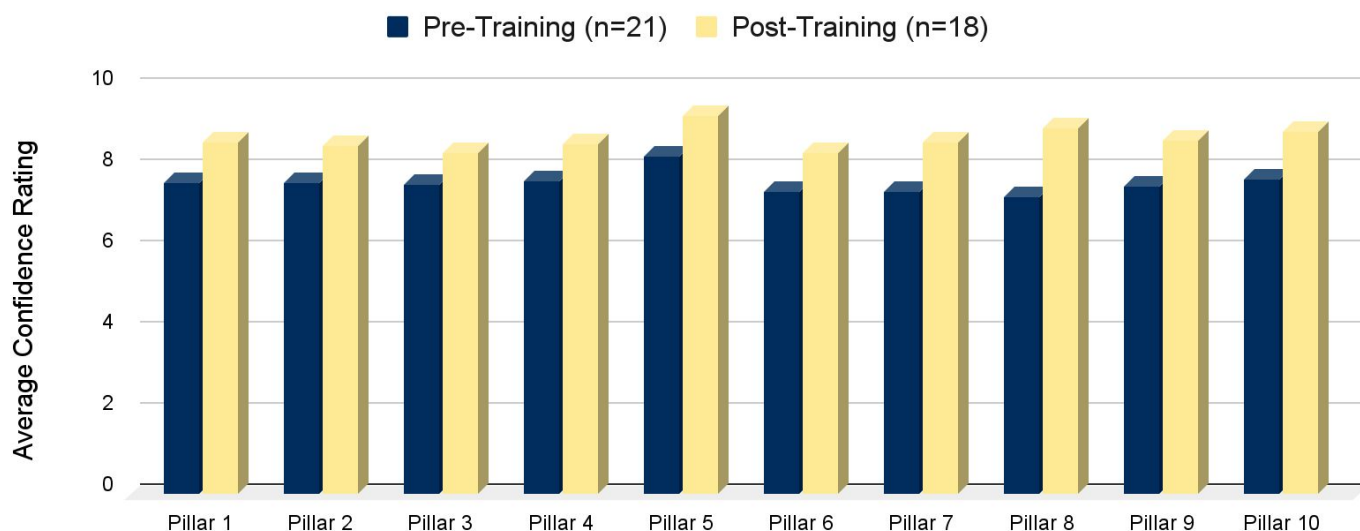
SCHOOL OF SOCIAL WORK
TRAUMA-INFORMED PROGRAMS
AND PRACTICES FOR SCHOOLS
UNIVERSITY OF MICHIGAN

Learn more about TIPPS &
our 10 Core Pillars at

tipps.ssw.umich.edu

Pre- and Post- Training Evaluation

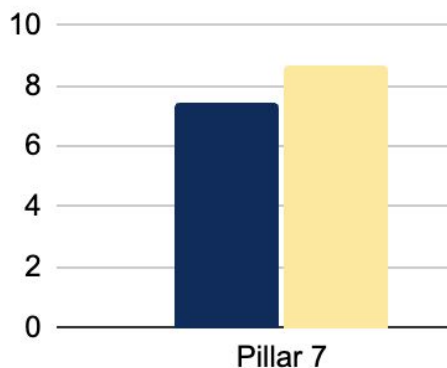
Confidence Level of Implementing the TIPPS Pillars (Pre- vs. Post-Training)



As shown in Figure 1, participants reported increased confidence in their abilities to apply each of the 10 core pillars in their school settings. The largest changes were seen for Pillar 7 and Pillar 8.



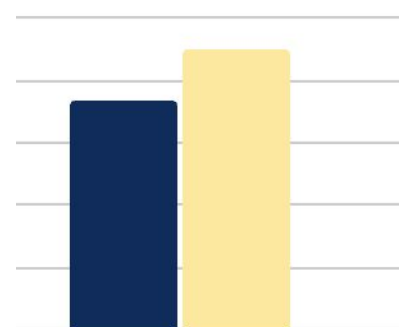
Pillar 7: I know how to communicate clear goals and expectations to students.



Pillar 7



Pillar 8: I can differentiate deficit and strength-based thinking.



Pillar 8

From the Program Facilitator

Reflection

"...Individuals who attended now have a deeper understanding of what trauma-informed programs and practices look like. They're now empowered to advocate in their school or at the district level for shifts to be made in line with TIPPS"

– Angela Blood Starr

Concept to Action

1. Celebrate what you and your school are already doing well and continue to expand those TIPPS.
2. Create a team within your school or use an existing team to continuously improve TIPPS.
3. Start small - find some quick wins to implement within your school that will create momentum for all staff to implement TIPPS.
4. Engage with your community - find local champions that can support your school with TIPPS implementation.