

2024 Evaluation Report

Trauma-Informed Programs & Practices for Schools Series

During this series, Angela Blood Starr, Regional School Health Coordinator for Barry, Branch, Calhoun, Kalamazoo, & St. Joseph Counties, trained 10 Calhoun Intermediate School District (ISD) professionals on the 10 core pillars of the TIPPS framework.

Training consisted of 4 half-day sessions from Oct. 2023 to Feb. 2024. Sessions emphasized translating TIPPS concepts for system change to local schools. Participants included social workers, speech pathologists, literacy consultants, and paraprofessionals from the Calhoun ISD.

Learning Objectives

1. Deepen participants' understanding of adversity, trauma, and resilience.
2. Familiarize participants with tools & resources to select, implement, and sustain trauma-informed practices.
3. Introduce a trauma-informed approach for schools at a systems level.
4. Empower participants to make trauma-informed decisions in the classroom.

Evaluation of the Training

To assess the efficacy of our training, we used:

1. A survey to gather participants' confidence rating in their ability to implement the constructs introduced in the 10 TIPPS pillars before and after the training (1=not at all to 10=very confident).
2. Participants' reflections throughout the training.

Training Timeline

Session 1

Oct. '23

Introduction to TIPPS;
Overview of Adversity, Trauma, & Resilience

Session 2

Dec. '23

TIPPS Pillars
#1 - 3

Session 3

Jan. '24

TIPPS Pillars
#4 - 7

Session 4

Feb. '24

TIPPS Pillars
#8 - 10;
Action Planning

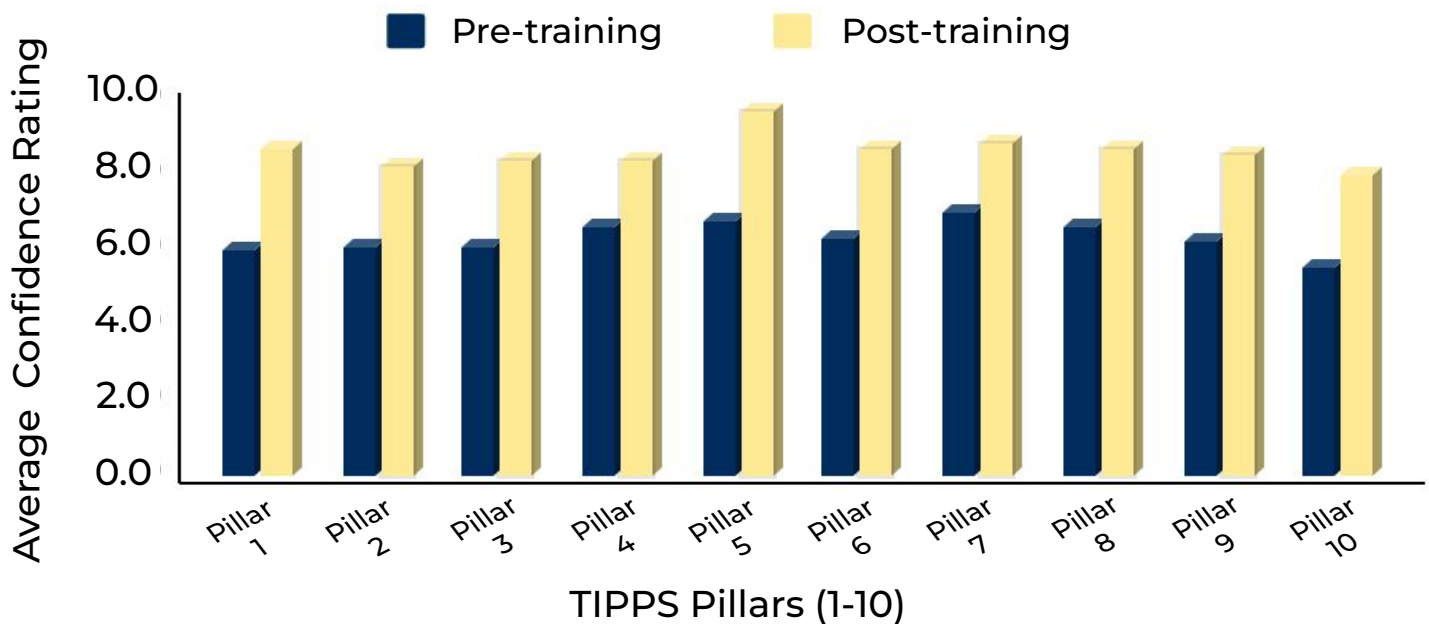


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Learn more about TIPPS &
our 10 Core Pillars at

tipps.ssw.umich.edu/

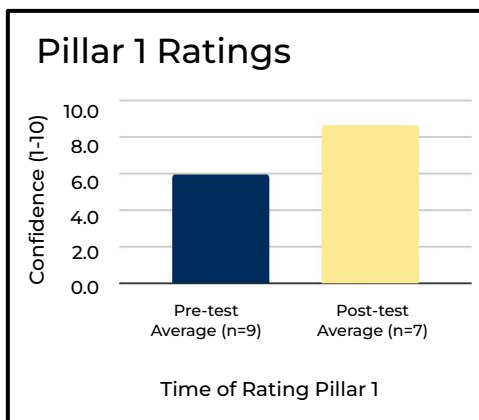
Pre- and Post- Training Evaluation



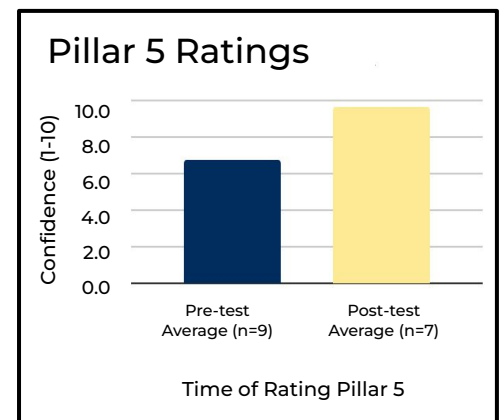
As shown in Figure 1, participants reported increased confidence in their abilities to apply each of the 10 core pillars in their school settings. The largest changes were seen for Pillars 1 and 5.



Pillar 1: I know how to help create a safe and secure school environment.



Pillar 5: I know how to develop and model positive relationships in the school community.



From the Program Facilitator

Reflection

"...Individuals who attended now have a deeper understanding of what trauma-informed programs and practices look like. They're now empowered to advocate in their school or at the district level for shifts to be made in line with TIPPS"

– Angela Blood Starr

Concept to Action

1. Celebrate what you or your school is already doing well and continue to expand those TIPPS.
2. Create a team within your school or use an existing team to continuously improve TIPPS.
3. Start small - find some quick wins to implement within your school that will create momentum for all staff to implement TIPPS.
4. Engage with your community - find local champions that can support your school with TIPPS implementation.